

About Programme

The Nurturing programme is based upon the psychoeducational and cognitive behavioural approaches to learning and focuses on “re-parenting,” or helping parents to learn new patterns of parenting to replace their existing, learned, abusive patterns. By completing questionnaires and participating in discussion, role-play, and audiovisual exercises, participants learn how to nurture themselves as individuals and in turn build their nurturing family and parenting skills. It also covers guidance for children who have additional needs.



FREE FOR
EALING
RESIDENTS

The 7-week Nurturing Programme for parents and carers

Where:

Online via Zoom

When:

TBA

EDUCATING AND
DEVELOPING
AWARENESS TO
COMMUNITIES

www.parentingu.co.uk

PARENTING
CHILDREN WITH
ADDITIONAL NEEDS





- The aim of this 7-week programme is to engage communities from different cultural backgrounds who have little or no experience in understanding what additional needs is and how this affects family life.
- To provide knowledge of their child's needs and understand their development milestones and the effects
- To educating them around the challenges they face with SEN child, implementing new ways of working with resources and services that can support them.

What does it cover?

- Praise & Criticism
- Family Rules, Rewards and penalties
- Empathy
- Issues around keeping safe
- Ages and Stages in children's development
- Feelings and what we do with them, Communicating Clearly: Using I Statements
- Personal Power, Choices & Consequences
- Kinds of Touch, Nurturing Ourselves
- Behaviour to ignore, Problem-solving and Negotiating
- Looking at our own culture, identity, and beliefs (this is a powerful tool in linking safeguarding SEN children)



How to register?

To book a place, contact ParentingU Services on 020 8930 1081 or 07813 607006 or E-mail parentdata@parentingu.co.uk